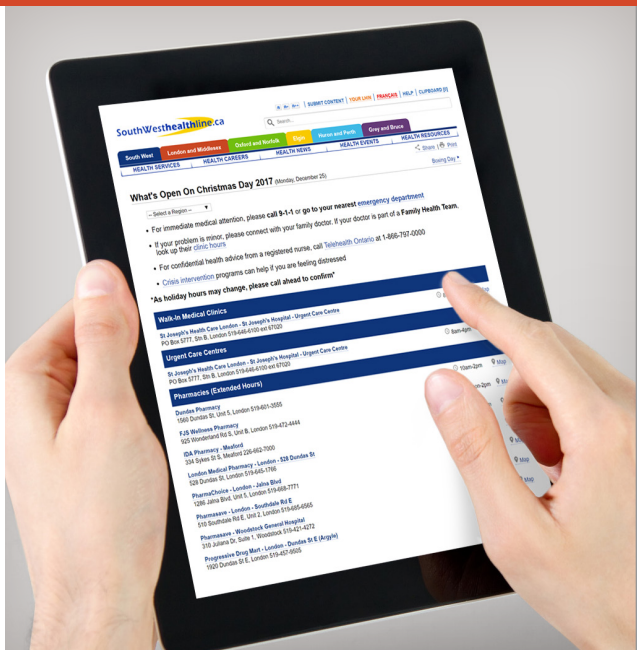


Need health care over the holidays? Know your options.



Non-emergency medical assistance.

First call your family doctor, nurse practitioner or their on-call service.
If not available, consider visiting a walk in clinic or urgent care centre.

Health-related advice from a Registered Nurse 24/7.

Call Telehealth Ontario at 1-866-797-0000.

Serious medical injuries and conditions.

Call 911 or go to an Emergency Department.

Want to
find out
more?

Visit **southwesthealthline.ca**
to find out what's open including:

- Walk-in clinics
- Crisis intervention assistance
- Pharmacies
- Urgent care centres